

## Speech Introduction – The Business of Clearing Hurdles

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Fiona Cullen is business woman who literally jumps hurdles for a living.

She has represented her country at two Commonwealth Games, a World Cup, and a World Championships in Athletics and is currently on her way to qualifying for the 2008 Beijing Olympic Games.

She is one of Australia's best 100m sprinters and finished the 2007 international season ranked 19<sup>th</sup> in the World for the 100m Hurdles.

The lessons Fiona has learnt over the past 8 years as an elite athlete have combined with her 6 years experience as a public relations consultant to give her a truly unique perspective on how to clear hurdles (both real and imagined) in business and life.

Fiona believes that each and every one of us has in our possession the necessary skills and ability to be an elite hurdler. The only problem is most of us either don't know we have those skills or we lack the courage to use them.

Here today to talk to us about "**The Business of Clearing Hurdles**", please welcome Fiona Cullen.

Fiona Cullen would like to acknowledge the support of the following companies

