

In August 2008 you will be glued to your television watching Australia go for gold at the Beijing Olympics. One of the athletes you'll be cheering for is Fiona Cullen, one of Australia's best sprinters over the 100m and hurdles.

Just imagine how much more exciting it will be if you are watching an athlete that you've personally backed!

Season 2006-2007 was Fiona's most successful to date. After placing fifth in the final of the 100m Hurdles at the Melbourne 2006 Commonwealth Games, she went on to set new personal best times in three events - the 100m Hurdles, 100m and 200m Sprint. She was then selected to compete at the 2007 World Championships in Athletics as the anchor for the Women's 4x100m Relay.

With her sights now firmly set on Beijing, Fiona is gearing up for the most important domestic competition season of her career, that culminates with the Olympic Selection Trials in February 2008.

Visit www.fionacullen.com.au for more information.

PROFILE

Events	100m Hurdles, 100m Sprint, 200m Sprint, 4x100m Relay
Current Goal	Finalist 2008 Beijing Olympic Games
Date of birth	31 August 1979
Place of birth	Brisbane, Australia
Nationality	Australian
Occupation	Public Relations Consultant and Motivational Speaker
Education	Bachelor of Business Communications and Public Relations Major
Personal Mantra	BE ALL U CAN BE!
Languages	English and French
Coach	Eric Brown
Club	QEII Track Club
Nickname	Flying Fi
Proudest Moment	Supporting my mother on her journey through Breast Cancer
Life Goal	To live a full and prosperous life with no regrets in a manner that inspires others to do the same.
Best sporting moment	There is no greater sense of freedom than running uninhibited (with a detached mind and free spirit) over hurdles, it is the closest feeling I believe you can get to flying with your feet still touching the ground.
How would you like to be remembered	As a fierce competitor, a good sport, a passionate advocate for track and field and a genuine, authentic human being.

Personal Best Times

100m Hurdles	13.08	2007
100m Sprint	11.48	2007
200m Sprint	23.90	2007

World Championships

2007 Semi Finalist 4x100m Relay

Commonwealth Games

2006 5th Place - Final 100mH
2002 Semi Finalist 100mH

Australian Champion

2005 100m Hurdles

Queensland Champion

2005 100m & 100m Hurdles
2004 100m Hurdles
2003 100m & 100m Hurdles
2002 100m & 100m Hurdles

Progression 100m Hurdles

2007	13.08
2006	13.20
2005	13.41
2004	13.24
2003	13.20/13.14w
2002	13.19

Progression 100m Sprint

2007	11.48
2006	11.58
2005	11.66
2004	11.81
2003	11.78
2002	11.80/11.69w



The Spot Community Services offers the community various children's programs through its Spot 4 Kidz arm, a growing number of youth programs via the Youth Services arm and is currently working on developing a non-traditional school via the Spot Ed program. Fiona has joined The Spot to champion their cause and help people clear their hurdles, unlock their potential, and release their dreams. For more information visit www.thespot.net.au



Fiona is a Patron of Seeing Eye Dogs Australia, using her profile as an elite athlete to raise awareness about the work that this non-government funded charity does through the media and her motivational speaking engagements. For more information visit www.seda.org.au